



February
2026

The Poodle Press

Latest Newsletter for the
Bluebonnet Poodle Club
of Houston



Electronic
Issue
#2

VOLUNTEERS NEEDED!!!

Agility is the largest fund raiser that our club has. It allows us to make charitable donations and helps pay for trophies, parties, etc. Volunteers are desperately needed for full or half days. Please contact Patty Felli at

poodlesmama@gmail.com

if you can participate as a volunteer. The next agility trial is

March 27-29, 2026. The address is:

Dog Gone Fun
26310 Dobbins-Huffsmith Rd.
Magnolia, TX 77354



See the Calander of Events for future Agility Trial dates.

THANK YOU KAY AND LESTER FOR HOSTING THE ANNUAL BLUEBONNET POODLE CLUB CHRISTMAS PARTY. A GOOD TIME WAS HAD BY ALL WITH POODLE PEOPLE, POODLEY GIFTS AND DELICIOUS FOOD!



CONGRATULATIONS AWARD WINNERS



Top Toy Exhibitor - Jill Sisler



Top Mini Exhibitor - Peggy Provost



Top Standard Exhibitor - Danielle St. Romaine



Top Performance - Patty Felli



Jiffy Corn Casserole Recipe

PREP TIME

5 minutes to 10 minutes

COOK TIME

45 minutes to 50 minutes

SERVES

6 to 8



This year's recipe winner goes to Cathy Jones Garcia for the Corn Casserole.

INGREDIENTS

- Cooking spray or butter, for the baking dish
- 8 tablespoons (1 stick) unsalted butter
- 1 (15-ounce) can corn kernels
- 8 ounces sour cream (1 cup)
- 2 large eggs
- 1 (15-ounce) can creamed corn
- 1 (8.5-ounce) box regular or vegetarian Jiffy corn muffin mix

INSTRUCTIONS

1. Arrange a rack in the middle of the oven and heat the oven to 350°F. Coat an 8x8-inch or other 2-quart baking dish with cooking spray.
2. Melt 8 tablespoons unsalted butter in the microwave in a large microwave-safe bowl. (Alternatively, melt on the stovetop and transfer to a large bowl.) Set aside until warm to the touch. Meanwhile, drain 1 (15-ounce) can corn kernels.
3. Add 8 ounces sour cream and 2 large eggs to the butter and whisk to combine. Add the corn kernels and 1 (15-ounce) can creamed corn and stir to combine. Add 1 box Jiffy mix and stir until well combined. Pour into the baking dish and smooth the top.
4. Bake until the casserole is puffed, slightly browned, and the center is firm, 45 to 50 minutes. Let cool for 10 minutes before serving.

Calendar of Events 2026

- February- no meeting
- March 21-Saturday in person meeting TBD
- March 27-29 Agility trials
- April-no meeting (PCA: April 20-24)
- May 12- Meeting via Google Meet
- June- In person meeting locations TBD 2:00
- July 14 Show prep
- July 15-19 NRG Dog Shows
- August 7-9 Agility trials
- August 11 Meeting via google meet
- September- Saturday in person meeting TBD
- October-
- November 6-8 Agility trials



Bluebonnet Poodle Club Specialty Judges

July 15, 2026,

* Conformation/Best Puppy/Jr Showmanship:

* John Booth

July 17, 2026

* Conformation/Best Puppy/Jr Showmanship:

* Kim Russell

* Pending AKC approval



Poodle Club Of America
www.poodleclubofamerica.com



PCA FastCAT 2026
Come join us for 3 days of Poodle Fun!!
April 20-22, 2026
2 Trials a day—6 total
Purina Working Dog Field
"Monday into the night"
and under the lights!!
Monday 2pm until 9pm
Tuesday 9am to 5pm
Wednesday 9am to 5pm
Fun Runs everyday throughout the day
Same great Lure Operator
LuckyDogs Lure Coursing.
Juniors eligible for prizes for fastest dog
in each variety through the Juniors
program!
Great Title Ribbons
Pre-Entries March 1st— April 11, 2026
Same day entries as time allows
Premium and entry link available at
poodleclubofamerica.org website

Bluebonnet Poodle Club's Advertisement for the PCA 2026 Catalog

Dates for Future PCA Nationals

April 20-24, 2026
Conformation Judges:
Toys - Daniel Augustus
Miniatures - Tina Yuhl
Standards - Dr. Donald Sturz Jr.
Inter-Variety - Scott Wolfe
All pending AKC approval.

April 19-23, 2027



The Bluebonnet Poodle Club of Houston

*Celebrating 70 years of dedication to our
beautiful breed!*

*We wish ya'll a great National Specialty
From the great state of Texas!*

Please join us for our two upcoming Specialties
Houston, Texas NRG Center

July 15, 2026*
Conformation/BPUP/Juniors: John Booth *
July 17, 2026*
Conformation/BPUP/Juniors: Kim Russell*



and for the
Houston World Series of Dog Shows
all breed shows
July 15-19, 2026*

President: Kay Langdon
Corresponding Secretary: Cathy Garcia
www.bluebonnetpoodleclubofhouston.org

*pending AKC approval

WORTH THE READ:

Article submitted by Dawn Zack, www.calliopepoodles.com

Author: Timea R Bodi of Danube Poodles

She is a wealth of knowledge through experience in the veterinary field, study, breeding and continuing education. Visit her website! www.blog.danubepoodles.com

Cancer in dogs does not arrive as a random mistake or a cruel surprise dropped out of nowhere. It develops slowly, quietly, and logically when the internal terrain has been pushed out of balance for long enough that the body shifts from repair into survival. Detoxification becomes inefficient. Immune intelligence weakens. Cellular communication loses rhythm. Energy production falters. What we later call cancer is often the body's last adaptive attempt to survive an environment that has become hostile at the cellular level. Tumors are not foreign invaders. They are expressions of a system under pressure, trying to contain damage rather than collapse entirely.

Dogs are uniquely vulnerable because they live close to the ground, groom themselves constantly, metabolize chemicals differently than humans, and rely entirely on us to choose their food, water, medical care, and living environment. Over time, toxic exposure accumulates. Chemical flea and tick products, repeated pharmaceutical use, vaccine residues, lawn treatments, pesticides, plastics, synthetic bedding, mold spores, heavy metals, and electromagnetic fields all add to the burden. These substances do not simply disappear. They are stored in fat, bone marrow, nervous tissue, and organs where they quietly interfere with DNA repair, immune surveillance, mitochondrial signaling, and hormonal balance. The body adapts until it can no longer compensate.

When detox pathways are overwhelmed or blocked, toxins recirculate rather than exit. The liver and bile become stagnant. Lymphatic flow slows. The gut struggles to move waste efficiently. Kidneys are asked to filter what they were never designed to handle. The skin, one of the largest detox organs, is often suppressed through chemicals and bathing practices that strip its natural function. Without daily drainage, the body stores what it cannot eliminate. Over time, this storage becomes inflammation. Inflammation becomes metabolic disruption. Metabolic disruption becomes cellular disorder.

At the center of this process lies mitochondrial dysfunction. Mitochondria regulate how cells produce energy, communicate danger, and initiate apoptosis when damage is too great. When mitochondria are injured by toxins, chronic stress, nutrient depletion, or inflammation, cells shift away from oxygen based metabolism into fermentation. This metabolic shift is a defining feature of cancer cells. It is not a coincidence. Cancer is often less about uncontrolled growth and more about failed energy production. When cells cannot generate clean energy, they revert to primitive survival pathways.

Chronic inflammation further shapes the terrain. In dogs, inflammation is commonly driven by inappropriate diets, gut dysbiosis, hidden infections, environmental toxins, and emotional stress absorbed from their surroundings. Inflammation fuels angiogenesis, suppresses immune clarity, and breaks down tissue boundaries. It distracts the immune system and exhausts its ability to identify abnormal cells. This state is not caused by a single trigger. It is the cumulative effect of long standing irritation without adequate recovery.

The gut plays a central role in this process. When the microbiome becomes imbalanced or the intestinal lining becomes permeable, endotoxins and pathogens leak into circulation. Immune signaling becomes confused. The body remains in a constant low grade alarm state. Dogs cannot build systemic health with a compromised gut barrier. Healing the gut is not optional. It is foundational.

Nutrient depletion compounds the problem. Many dogs with cancer show deficiencies in magnesium, zinc, selenium, iodine, B vitamins, and vitamin D even when they appear well fed. Modern farming practices, processed foods, stress, and impaired digestion reduce bioavailability. Without these nutrients, detox enzymes fail, immune cells weaken, hormones misfire, and DNA repair slows. Cancer does not thrive in abundance of nutrition. It thrives in imbalance.

Metabolic dysfunction deepens as glucose and glutamine become dominant fuels. Cancer cells rely heavily on these pathways through fermentation. This does not mean starving the dog. It means feeding in a way that respects canine physiology rather than industrial convenience. Metabolic confusion feeds disease. Metabolic clarity slows it.

Hormonal imbalance further shapes the terrain, particularly in mammary, ovarian, prostate, and endocrine related cancers. Estrogen dominance, insulin resistance, and cortisol dysregulation are not isolated issues. They reflect liver congestion, toxic exposure, stress, disrupted circadian rhythms, and dietary mismatch. Hormones do not act independently. They respond to the terrain they are given.

The nervous system cannot be separated from this conversation. Dogs are exquisitely sensitive to emotional environments. Chronic stress, fear, grief, instability, loss of bonded companions, and lack of safety directly suppress immune function. Many dogs diagnosed with cancer have lived in homes where tension was constant or rhythms were absent. The nervous system governs immunity. A body that does not feel safe cannot heal.

Immune suppression is not the absence of immune cells. It is the loss of immune intelligence. Cancer cells arise constantly. A healthy immune system clears them quietly. When immunity is burdened by toxins, stress, infections, and unresolved trauma, surveillance fails. Supporting immunity is not about stimulation. It is about removing what weakens the immune army.

Electromagnetic exposure adds another invisible layer of stress. Dogs sleep on floors, near routers, under smart homes, beside phones. EMFs contribute to oxidative stress, poor sleep quality, nervous system strain, and impaired repair. Just because a stressor is invisible does not mean it is irrelevant.

Modern living further disconnects dogs from ancestral rhythms. Dogs are biologically designed for sunlight, movement, rest, seasonal cues, and meaningful connection. Indoor confinement, artificial light, irregular feeding schedules, and constant stimulation disrupt circadian signaling and hormonal timing. Cancer often reflects a mismatch between biology and lifestyle rather than a failure of the body itself.

True healing does not come from attacking tumors while leaving the terrain unchanged. It comes from restoring drainage before detox, feeding metabolism rather than fear, rebuilding mitochondrial function, removing toxic and emotional burden, honoring rhythm and rest, and allowing the body to return to coherence. There is no single protocol because there is no single cause. Healing is alignment, not warfare.

No two dogs share the same terrain. History matters. Exposures matter. Nutrition matters. Emotional environment matters. Genetics influence expression but do not dictate destiny. Working with a practitioner who understands dogs as integrated living systems rather than collections of symptoms is essential.

This perspective does not reject veterinary medicine. It asks for deeper understanding. It honors the intelligence of the canine body and recognizes that cancer is not the enemy. It is a message. Healing begins when we stop silencing the message and start listening to what the terrain has been trying to say all along.   



Root Causes of Cancer in Dogs

How the Terrain Can Be Rebuilt

Cancer in dogs develops when the internal terrain becomes chronically compromised. Detoxification slows. Immune intelligence weakens. Cellular rhythm is lost. Metabolism shifts from repair to survival.

From a terrain perspective, cancer is not the enemy. It is the body's adaptive response to prolonged internal stress.

Toxic Terrain Overload

Chronic exposure to chemicals, pharmaceuticals, mold, heavy metals, and EMFs overwhelms detox pathways and disrupts cellular communication.

Mitochondrial Dysfunction

When mitochondria are damaged, cells shift from oxygen-based energy to fermentation, a metabolic pattern seen in cancer.

Chronic Inflammation

Persistent inflammation feeds tumor growth, suppresses immune clarity, and weakens tissue integrity.

Impaired Detox & Drainage

Stagnant liver, bile, lymph, and gut pathways cause toxins and hormones to recirculate rather than exit.

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Gut Dysbiosis

An imbalanced microbiome confuses immune signaling and allows inflammatory burden to spread systemically.

Nutrient & Metabolic Depletion

Mineral imbalance and unstable blood sugar create metabolic chaos that cancer thrives within.

Hormonal & Nervous System Stress

Endocrine disruption and chronic stress weaken immune surveillance and cellular repair.

Terrain Healing Is Re-Alignment

Drainage before detox. Metabolism before suppression. Rhythm before force.

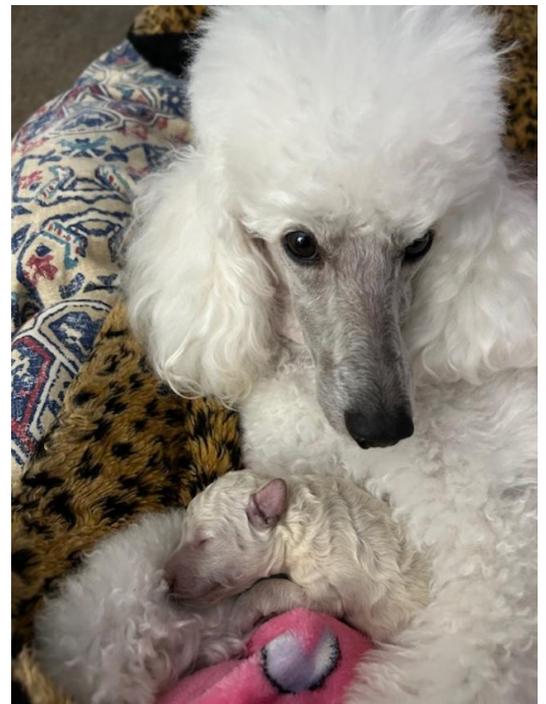
www.DanubeAdornments.com

BRAGS:



“Duet” AKC CH Calliope’s Cloudy With a Chance of Pink became a new champion at the Conroe show, winning Sat-Mon and ending up with 3 majors total. She won a 5 point major in Greeley, CO and two 3 point majors in Conroe with the major breaking on Monday. Congratulations Duet and Dawn!!

And congratulations to Duet’s mother, Valleri, for delivering two babies very quickly on 1-15-26. A boy and a girl!!!!



Calliope Poodles



Dawn Zack

www.calliopepoodles.com

www.bluebonnetpoodleclub.org

www.poodleclubofamerica.org

GCh. Pasionaria Suits Me Just Fine “Harvey”



Harvey finished the year ranked 10th in toy poodle breed standings. He achieved this by receiving a Toy Group 3 and many BV wins while being shown by the fabulous Betty Brown beginning in October. Pretty good for only starting out seriously in October!

He is starting 2026 strong as well, remaining undefeated for the variety so far this year. He will continue to be campaigned this year by Betty. Love you Harvey!



Owner/Breeder: Kay Langdon
www.pasionariapoodle.com



Hosted by
**GALVESTON
COUNTY
KENNEL CLUB**

**4 ALL-BREED
and MIXED BREED
AKC Fast CAT Events**

**OUR LAST FASTCAT FOR THE 2025 SEASON!!!
SATURDAY & SUNDAY DECEMBER 13 & 14, 2025**



RIBBONS & ROSETTES:
Q Ribbons & "NEW TITLE" ROSETTES
will be awarded

4 EVENTS: 2 SATURDAYS & 2 SUNDAYS
Event #1 Sat. Dec. 13th 4:00PM-6:00PM
Event #2 Sun. Dec. 14th 4:00PM-6:00PM
Event #3 Sat. Dec. 13th 6:30PM-8:30PM
Event #4 Sun. Dec. 14th 6:30PM-8:30PM
Limited to 125 per event

Early Entry Fee • \$25.00 per Event •
Deadline • Dec. 10th 2025.
After deadline entry fee is \$30.00 per Event

Come on Out and Try-It for ONLY \$10.00 a run.
Saturdays, Sign up before 12:30 pm




Scan For Links

Our Fast CAT Course is **TOTALLY FENCED IN**
LOCATION: Walter Hall Park, 807 Hwy. 3, League City, Texas

Premium list available
American Lure Course Racing - Facebook and the AKC Performances Website

ALL DOGS MUST BE YEAR OR OLDER TO PARTICIPATE IN A FASTCAT EVENT

Contact American Lure Course Racing for additional information: americanlurecourseracing@yahoo.com • 832-671-3795

Piper and Jase had a fun day at the Fast CAT event hosted by the Galveston County Kennel Club. They ran just for fun and had a blast. Thank You Dawn Zack for the heads up on this event.



Piper



Jase

Steve and Lynda Breault

CRIES:



First Day Home

We said a sad farewell to our big, sweet, loving boy, Chardo. He suffered with degenerative spinal issues for over a year, but thankfully no pain.

A beautiful tribute to Ch Bar-None a Fine Chardonnay "Chardo" 1/26/14 – 12/19/2025



First Win



New Champion!

He is and always will be missed!